



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meatballs in Tomato & Basil Sauce (7,14) Pasta (2) Garlic Bread (2,4,7) Seasonal Vegetables	Home made Beef and Potato or Chicken Pie (1,2,5,7) Creamed Potatoes (7) Seasonal Vegetables	Chicken Curry (7,9) Served with a crispy Tortilla (2) Rice Seasonal Vegetables	CARVERY Roast Meats Pork, Beef Or Turkey Creamed (7) or Roast Potatoes Yorkshire Pudding(2,4,7) Seasonal Vegetables	Fish (5) or Cheesy Fish Bites (2,5,7) Chips Peas or Beans
	For Allergens see numbers in brackets next to each dish and refer to the allergen chart below				
OPTION 2	Veggie Sausage Bake (2,7,13,14) Pasta (2) Garlic Bread (2,4,7) Seasonal Vegetables	Home made Quorn & Potato Pie (1,2,4,5,7) Creamed Potato (7) Seasonal Vegetables	Vegetable Curry (7,9) Served with a crispy Tortilla (2) Rice Seasonable vegetables	Quorn Chicken (4) Creamed (7) or Roast Potatoes Yorkshire Pudding(2,4,7) Seasonal Vegetables	Cheese and Tomato Quiche (2,4,7,9) Chips Peas or Beans
	Fruit Flapjack (2,4,7) with Custard (4,7) Fruit Salad Fruit Fools (7) or Fruit Jelly	Chocolate Crackle Crispy Bun (2,7) Fruit salad Fruit Fools (7) or Fruit Jelly	Pineapple Upside Down Cake (2,4,7) With Custard (4,7) Fruit Salad Fruit Fools (7) or Fruit Jelly	Angel Delight (7) Fruit Salad Fruit Jelly	Great Friday Bake Off (2,4,7) (selection of treats and cakes)
<p>We also offer filled Jacket Potatoes (4, 5, 7, 9), Sandwiches (2, 4, 5, 7, 9) served with Homemade Soup (1, 2, 7) or Wholemeal Pasta & Sauce (2, 7) All served with unlimited Vegetables or Salad to accompany the meals</p> <p>Freshly prepared Salad bar & Bread baked daily(2,4,7)</p> <p>Fresh Water & Milk to drink</p>					

FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

VEGETARIAN (V)

ALLERGENS



Celery



Crustaceans



Fish



Milk



Mustard



Peanuts



Soya



Cereals containing gluten



Eggs



Lupin



Molluscs



Nuts



Sesame seeds



Sulphur dioxide (sometimes known as sulphites)