








WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sausages (14) Creamed Potatoes (7) Seasonal Vegetables	Cheese and Tomato Pizza (2,7) Roast Potatoes Seasonal Vegetables Or Salad	Filled Flatbreads (Beef or Chicken) (1,2) Seasonal Vegetables or Salad	CARVERY Roast Meats Pork, Turkey, Beef Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Fish (5) or Cheesy Fish Bites(2,5,7) Chips Peas or Beans
	For Allergens see numbers in brackets next to each dish and refer to the table below				
OPTION 2	Vegetarian Sausage (2,13,14) Creamed Potatoes (7) Seasonal Vegetables	Macaroni Cheese(1,2,4,7) Roast Potatoes Seasonal Vegetables	Filled Flatbreads Quorn (1, 2, 4) Seasonal Vegetables or Salad	Vegetable Tart(1,2,4,7) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Home Made Vegetable Burger (1,2,4) Chips Peas or Beans
DESSERT CHOICE	Raspberry Ripple Sponge (2,4,7) With Custard (4,7) Fruit salad Fruit Fools (7) or Fruit Jelly	Lemon Shortcake (2,4,7) With Custard (4,7) Fruit Salad Fruit Fools(7) or Fruit Jelly	Pear Frangipane Tart (2,4,7) With Custard (4,7) Fruit Salad Fruit Fools (7) or Fruit Jelly	Ice Cream With Fruit Sauce (7) Fruit Salad Fruit Fools (7) or Fruit Jelly	Great Friday Bake Off (2,4,7) (selection of home made treats)
<p>We also offer filled Jacket Potatoes (4, 5, 7, 9), Sandwiches (2, 4, 5, 7, 9) served with Homemade Soup (1, 2, 7) or Wholemeal Pasta & Sauce (2, 7) All served with unlimited vegetables or Salad to accompany the meals.</p> <p>Freshly prepared Salad bar & Bread baked daily (2,4,7)</p> <p>Fresh Water & Milk to drink</p>					

VEGETARIAN (V)

FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

ALLERGENS

1  Celery	2  Cereals containing gluten	3  Crustaceans	4  Eggs	5  Fish	6  Lupin	7  Milk	8  Molluscs	9  Mustard	10  Nuts	11  Peanuts	12  Sesame seeds	13  Soya	14  Sulphur dioxide (sometimes known as sulphites)
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